

MARY J. BARRY, R.N., B.S.N., M.S., Ph.D.

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Mary Barry, Ph.D., works at the Center for Creative Leadership as a Fitness Faculty member providing health and physical fitness information to Leadership at the Peak participants. Her area of expertise includes prevention of disease through healthy lifestyle behaviors. She has conducted research through the University of Colorado Health Sciences Center on obesity prevention in community and school-based programs focusing on physical activity and healthy eating. Her education includes a baccalaureate in nursing, masters in sports medicine, and Ph.D. in health and behavioral sciences.

EDUCATION

Ph.D., Health and Behavioral Sciences, University Colorado at Denver, 1997-2000
M.S., Sports Medicine, Chapman University, Colorado Springs, 1984-1988
B.S. Nursing, University of Colorado Medical Center, 1977-1979

WORK EXPERIENCE

Consultant. wellCenters, Colorado Springs, Colorado. 8/2009 present
Faculty. Center for Creative Leadership. Colorado Springs, Colorado. 10/2005 to present
Faculty, University of Colorado Health Sciences Center. School of Medicine, Department of Pediatrics.
June 2003-present
Post-doctoral PAN (Physical Activity and Nutrition) fellow. International Life Science Institute/Center for Human Nutrition, 2001-2003
Research Assistant, University of Colorado Health Sciences, Center for Human Nutrition, 1998-2000
Consultant, Center for Creative Leadership, 1995-1998
Adjunct faculty/Clinical Instructor, Senior Community Health, University of Colorado at Colorado Springs School of Nursing and Health Sciences. 1995-1998
Instructor, Honorarium, University of Colorado, Colorado Springs, Summer, 1995
Instructor, Pikes Peak Community College, 1991-1995
Cardiac Rehabilitation Phase I and II Nurse, Penrose Hospital, 1989-1998
Jazzercise Franchise owner, fitness instructor, independent business, 1981-1990
Nurse Practitioner, Colorado Springs Breast Clinic, 1981-1982
Nurse Practitioner, Front Range Family Medicine Group, 1980-1981
Registered Nurse, Memorial Hospital, 1980
Family Planning Nurse Practitioner, Rocky Mountain Planned Parenthood, Contraceptive Clinic, 1980-1981
Registered Nurse, Rose Medical Center, 1979-1981

COMMUNITY INVOLVEMENT

Memorial Hospital Ethics Committee
Committee member with El Paso County Public Health Department Adolescent Health Advisory Board and Community Advisory Board
Board Member Kidpower-past
Board Member Cystic Fibrosis Foundation-past
Committee Chair-person for Great Strides-Schools, Cystic Fibrosis Foundation
Board member American Heart Association-Consultation
Speakers Bureau for American Heart Association
Committee Chair-person for Heart and Sole Classic Run, American Heart Association
Speaker for Women's Life Center, Penrose Hospital
Volunteer with Colorado College Soup Kitchen
Volunteer with Colorado Springs School District #11

PUBLICATIONS

Using Electronic Step Counters to Increase Lifestyle Physical Activity: Colorado on the Move™: Journal of Physical Activity & Health (JPAH), 2004
A Family-Based Approach to Preventing Excessive Weight Gain
Susan J. Rodearmel^{*}, Holly R. Wyatt^{*}, Mary J. Barry^{*}, Fang Dong^{*}, Dongmei Pan^{*}, Richard G. Israel[†], Susan S. Cho[‡], Michael I. McBurney[‡] and James O. Hill[‡] *Obesity* 14:1392-1401 (2006)